

# CAMPER SUPPLY LIST

## CLOTHING

- 10 pair socks
- 10 pair underwear
- 8-10 t-shirts
- 2 long-sleeved shirts
- 1 white t-shirt for tie dying
- 3 pair jeans/long pants/sweat pants
- 1 dressy outfit (casual, for dances)
- 5 pairs shorts
- 3 sweatshirts/sweaters
- 1 raintcoat/waterproof jacket
- 1 light jacket
- 1 sunhat/baseball hat
- 2-3 pairs pyjamas (1 light, 1 warm)
- 3 swimsuits (functional for swimming & water sports)
  
- 1 blue shirt, 1 green shirt (2nd session only)

## BEDDING/LINENS

- 1 light-weight sleeping bag or blanket
- sheets: 2 bottom, 2 top (single or twin)
- 1 pillow, 2 pillow cases
- 4 large towels (2 bath, 2 beach)
- 2 washcloths

## FOOTWEAR

- 2 pair sneakers/running shoes
- 1 pair waterproof boots/shoes
- 1-2 pair beach sandals/flip flops

**PLEASE LABEL ALL ITEMS  
WITH A SHARPIE  
OR CLOTHING LABELS.**

## DO NOT BRING

- offensive music or literature
- expensive clothing or jewellery
- knife, hatchet, etc.
- tobacco products, matches or lighters
- nut/peanut/sesame products
- cellular phones
- cannabis products or paraphrenalia

**PLEASE DO NOT SEND "FLUSHABLE WIPES".  
THEY ARE VERY DAMAGING TO OUR  
SEPTIC SYSTEM.**

## PERSONAL ITEMS/TOILETRIES

- toothbrush
- toothpaste
- dental floss
- nail clippers
- soap or body wash
- comb, brush, hair elastics
- deodorant
- shampoo/conditioner
- feminine hygiene products
- 2-3 bottles of sunscreen
- insect repellent (15% DEET is best)



## MISCELLANEOUS ITEMS

- water bottle (we will also provide one)
- knapsack (that fits towel & water bottle)
- flashlight
- laundry bag
- 2 small mesh bags (for socks & underwear)
- writing paper, pen/pencil
- Medicare Card (Quebec residents only)

**PLEASE USE ONLY COLLAPSIBLE  
LUGGAGE, AS WE ARE UNABLE TO  
STORE HARD-SIDED SUITCASES.**

**DUFFEL BAGS OR HOCKEY BAGS  
WORK BEST.**

## OPTIONAL ITEMS

- pre-addressed/stamped envelopes (optional, as we will scan/email letters)
- sunglasses
- baseball glove
- tennis racket
- fishing equipment
- reading material
- games/cards
- riding boots
- watch
- iPod/PSP/DS (Please ensure they fit with our electronics policy)

**PLEASE DO NOT SEND YOUR CAMPER'S BEST OR MOST  
EXPENSIVE CLOTHING TO CAMP. IN SPITE OF OUR BEST  
EFFORTS, IT IS LIKELY THAT SOME THINGS WILL GET  
LOST.**