

CAMPER SUPPLY LIST

PLEASE LABEL ALL ITEMS WITH SHARPIE OR CLOTHING LABELS

CLOTHING

- 10 pair socks
- 10 pair underwear
- 8-10 T-shirts
- 2 long sleeved shirts
- 1-2 white T-shirts for tie dying (1 for each session)
- 3 pair jeans/long pants/sweat pants
- 1 dressy outfit
- 4 pair shorts
- 3 sweatshirts/sweaters
- 1 raincoat/waterproof jacket
- 1 light jacket
- 1 sunhat/baseball hat
- 2-3 pair pyjamas (1 light, 1 warm)
- 3 swimsuits (no string bikinis)
- 1 blue T-shirt (2nd session only)
- 1 green T-shirt (2nd session only)

BEDDING/LINENS

- 1 light weight sleeping bag
- sheets, 2 bottom, 2 top (bunk or twin size)
- 1 pillow
- 1 blanket
- 4 large towels
- 2 washcloths

If your camper is a bed wetter, please include 2 flannel blankets, extra sheets, pillowcases and pyjamas.

FOOTWEAR

- 2 pair sneakers/running shoes
- 1 pair waterproof boots/shoes
- 1 pair beach sandals/flip flops
- 1 pair sandals with back straps or water shoes

DO NOT BRING

- X offensive music or literature**
- X expensive clothing or jewellery**
- X knife, hatchet, etc.**
- X tobacco products, matches or lighters**
- X nut/peanut/sesame products**
- X cellular phone (even without SIM cards)**

PERSONAL ITEMS/TOILETRIES

- toothbrush
- toothpaste
- dental floss
- cup
- nail clippers
- soap & container or body wash
- comb, brush & hair elastics
- deodorant
- shampoo/conditioner
- feminine hygiene products
- sunscreen (waterproof is best)
- insect repellent with 15% DEET

PLEASE DO NOT SEND "FLUSHABLE WIPES". THEY ARE VERY DAMAGING TO OUR SEPTIC SYSTEM

MISCELLANEOUS ITEMS

- water bottle (we will also provide one)
- knapsack (big enough for towel & water bottle)
- flashlight and batteries
- laundry bag
- 2 mesh bags (for socks & underwear)
- Medicare Card (Quebec residents only)
- writing paper & pre-addressed envelopes
- pen/pencil
- Canadian Stamps (we will provide stamps for campers from outside of Canada)

OPTIONAL ITEMS

- sunglasses
- camera
- baseball glove
- tennis racquet
- fishing equipment
- reading material
- games/cards
- riding boots
- watch
- PSP/DS/MP3 player/iPod (campers will not be allowed to use personal devices that can access cellular networks)

Please do not send your camper's best or most expensive clothing to camp. In spite of our best efforts, it is almost always inevitable that some things will get lost.